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## Claims:

- 1. A therapeutic beauty mask comprising
  - (a) a mask body,
- (b) means for attaching and securing the body to cover at least a portion of a person's face,
  - (c) a plurality of pressure points extending from an undersurface of the mask body, said pressure points being adapted or adjustable to coincide with known acupressure points of the human face.
- 2. A mask as claimed in claim 1 wherein the mask covers eye and nose regions of the person's face.
  - 3. A mask as claimed in claim 1 wherein the mask body is moulded.
  - 4. A mask according to claim 1 wherein the pressure points include a hemispherical or curved outer surface to contact the face when the mask is in position.
- A mask as claimed in claim 4 wherein the mask body is provided with a plurality of groups of apertures, each group located in the mask at a location corresponding to local acupressure areas of the face, such that when in position, the groups of apertures in the mask overlie local acupressure areas of the face.
  - A mask as claimed in claim 5 wherein the pressure points include a mounting portion extending from the rear of the hemispherical or curved outer surface to facilitate mounting of the knobs on the mask
  - 7. A mask as claimed in claim 1 wherein the body is moulded in a resilient material.
  - 8. A mask according to claim 1 wherein the pressure points are removably attachable to the mask.
- 25 9. A mask as claimed in claim 1 wherein the body is moulded with eye apertures and has a shaped nose portion.
  - 10. A mask as claimed in any one of claims 1 to 5 wherein the pressure points are in clusters coinciding with selected positions on the forehead and cheek bones of the human face.